





# SBU RESEARCH ABSTRACT FOLIO April 2023 - March 2024

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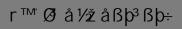
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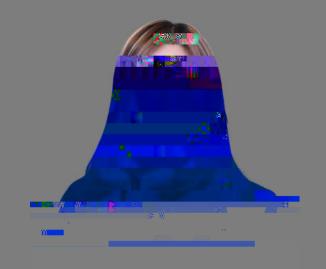
















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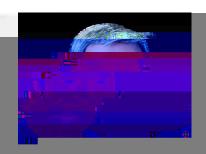
## When Faith and Health Collide: Expressions of Faith Over the Dangers

**Abstract** 

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# Yoga and Benedictine Mindfulness: An Alternative Physio-Spiritual Intervention Towards Restoration of Good Health and Well-Being in the Academe

#### **Abstract**



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